



## Maintenance/care

### Glass prostheses

- we recommend a weekly cleaning of your glass eye prosthesis
- it suffices to take out the prosthesis and rinse it in a bowl of water. Never put it directly into the water coming from the faucet (it might slip and break)
- remaining phlegm/mucus can be rubbed off with a soft tissue
- after that simply wet the prosthesis with water and replace it
- additional cleaning: in case you have stubborn phlegm/mucus on your glass eye prosthesis, you can place your prosthesis in vinegar (normal vinegar used for cooking/eating) for 10 minutes and the phlegm dissolves. After that it's important to rinse the prosthesis with water before replacing
- if you don't wear your prosthesis, store it in a dry box
- glass eye prostheses should be exchanged/made new after a year

### Acrylic prostheses

- we recommend cleaning your acrylic eye prosthesis every 2 weeks
- it suffices to take out the prosthesis and wash it with a ph-neutral shampoo (eg. Baby shampoo)
- after that rinse your acrylic prosthesis in lukewarm water
- if you don't wear your prosthesis, store it in a dry box
- acrylic eye prostheses should be polished yearly by a specialist to refresh the surface
- acrylic eye prostheses should be exchanged/made new after five years

## How to insert



moisten your prosthesis with a bit of water



one finger pulls up the upper lid, the other hand places the prosthesis on the lower lid



push the prosthesis as far above (into the eye socket) as possible



now place the finger that pulled the lid up on the prosthesis (to fix it in place), while the other hand pulls out the lower lid from under the prosthesis



the prosthesis now places itself into the correct position

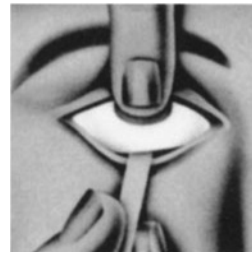
## How to remove

There are two ways to remove an eye prosthesis

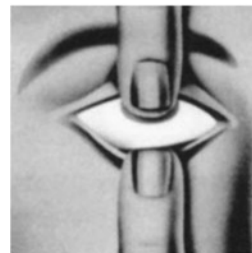
1. with a crotchet / finger



look upwards and place the index finger on the prosthesis



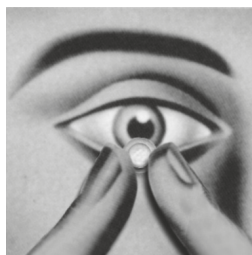
slip a blunt crotchet behind the lower edge of the prosthesis



or another of your fingers

and take/tear out the prosthesis carefully

2. or with a suction cup

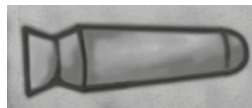


- moisten the lips of the suction cup with water
- press the suction cup and place it on the prosthesis.

- let go the pressure of your fingers on the cup

- the cup should now stay attached through the vacuum

- use the suction cup as a lever to carefully pull out the prosthesis



Important: Don't press the cup while pulling out the prosthesis or you'll lose the vacuum and the prosthesis falls down!